



Sutton Community Academy—Dining Menu











**Menu
Week 1**











Meal deals of the day. All meals come with a dessert of the day and a drink

For information about food allergens, please ask for the Chef Manager




Chefs Meal of the Day £2.25 (includes a dessert & drink)

	Monday	Tuesday	Wednesday	Thursday	Friday
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Main Meal	 Penne Fiorentina 	 Pork Chow Mein 	 Roast Beef & Yorkshire Pudding in Gravy 	 Chicken Fajitas 	 Breaded Fish with Lemon Wedge & Tartare Sauce 
	OR	OR	OR	OR	OR

Vegetarian Option	 Falafel 	 Deli Couscous 	 Vegetable Kiev 	 Cheese & Tomato Quiche 	 Spicy Bean Burger 
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Please add one side item from Option A and Option B (All sides are suitable for Vegetarians)

Sides Option A	Garlic Slice 	Creamed Potatoes  OR Thyme Roast Potatoes	Jacket Wedges	Crispy Chunky Chips 
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Sides Option B	Mixed Salad	Seasonal Vegetables OR Mixed Salad	Seasonal Vegetables	Mixed Salad	Peas & Sweetcorn OR Mushy Peas OR Coleslaw
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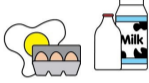








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Dessert of the Day

Monday	Tuesday	Wednesday	Thursday	Friday
 Meringue Nest with Fruit  OR Organic Yoghurt OR Fresh Fruit	 Traditional Cornflake Tart & Rich Custard Sauce  OR Organic Yoghurt OR Fresh Fruit	 Chocolate Cheesecake  OR Organic Yoghurt OR Fresh Fruit	 Apple Crumble with Custard  OR Organic Yoghurt OR Fresh Fruit	 Ice Cream Sorbet  OR Organic Yoghurt OR Fresh Fruit

Meal Deal Options (Vegetarian options available everyday)

Main Meal Deal	Sandwich Meal Deal	Cold Pasta Meal Deal	Jacket Potato Meal Deal	Pasta King Meal Deal
Main Meal Deal (Day specific - see Main Meal for today) 	Sandwich Meal Deal 	Cold Pasta Meal Deal 	Jacket Potato Meal Deal 	Pasta King Meal Deal 
Includes: Main Meal Day + Pudding (see above) + Drink (Water or Couplet)	Includes: + Crisps + Drink (Water or Couplet)	Includes: Pasta Pot (various fillings), + crisps, + Drink (Water or Couplet)	Includes: Jacket Potato (x 1 filling), + Pudding, + Drink (Water or Couplet)	Includes: Pasta King (various toppings), + Pudding, + Drink (Water or Couplet)
OR	OR	OR	OR	OR
Main Meal Day (see above) + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Sandwich, + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Pasta Pot (various fillings), + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Jacket Potato (x 1 filling), + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Pasta King (various toppings), + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)