



Sutton Community Academy—Dining Menu











**Menu
Week 3**

Meal deals of the day. All meals come with a dessert of the day and a drink

For information about food allergens, please ask for the Chef Manager



Chefs Meal of the Day £2.25 (includes a dessert & drink)

	Monday	Tuesday	Wednesday	Thursday	Friday
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Main Meal	 Broccoli Pasta Bake 	 Sticky Chicken 	 Traditional Roast Pork & Stuffing with Gravy 	 Spaghetti Bolognese 	 Breaded Fish with Lemon Wedge & Tartare Sauce 
	OR	OR	OR	OR	OR

Vegetarian Option	 Falafel 	 Deli Couscous 	 Vegetable Kiev 	 Cheese & Tomato Quiche 	 Vegetarian Burger 
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Please add one side item from Option A and Option B (All sides are suitable for Vegetarians)

Sides Option A	Savoury Rice	Creamed Potatoes  OR Roast Potatoes	Garlic Bread OR Fresh Spiced Potato Wedges	Crispy Chunky Chips OR Potato Croquettes 
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Sides Option B	Mixed Salad	Seasonal Vegetables OR Mixed Salad	Seasonal Vegetables OR Mixed Salad	Peas & Sweetcorn OR Mushy Peas OR Coleslaw
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Dessert of the Day

Monday	Tuesday	Wednesday	Thursday	Friday
				
Chocolate Orange Cupcake	Traditional Marble Sponge & Vanilla Sauce	Fruit Crunch Pot	Delicious Icky Sticky Sponge Pudding & Custard	Ice Cream Sorbet
				
OR	OR	OR	OR	OR
Organic Yoghurt	Organic Yoghurt	Organic Yoghurt	Organic Yoghurt	Organic Yoghurt
OR	OR	OR	OR	OR
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Meal Deal Options (Vegetarian options available everyday)

Main Meal Deal	Sandwich Meal Deal	Cold Pasta Meal Deal	Jacket Potato Meal Deal	Pasta King Meal Deal
(Day specific - see Main Meal for today)				
				
Includes: Main Meal Day + Pudding (see above) + Drink (Water or Couplet)	Includes: + Crisps + Drink (Water or Couplet)	Includes: Pasta Pot (various fillings), + crisps, + Drink (Water or Couplet)	Includes: Jacket Potato (x 1 filling), + Pudding, + Drink (Water or Couplet)	Includes: Pasta King (various toppings), + Pudding, + Drink (Water or Couplet)
OR	OR	OR	OR	OR
Main Meal Day (see above) + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Sandwich, + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Pasta Pot (various fillings), + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Jacket Potato (x 1 filling), + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)	Pasta King (various toppings), + Organic Yoghurt OR Fresh Fruit + Drink (Water or Couplet)