

YEAR 7!

PE JOURNEY: CREATING A LOVE FOR PHYSICAL EDUCATION

DAY IN THE LIFE OF AN ELITE ATHELETE ARRANGED BY PE DEPARTMENT

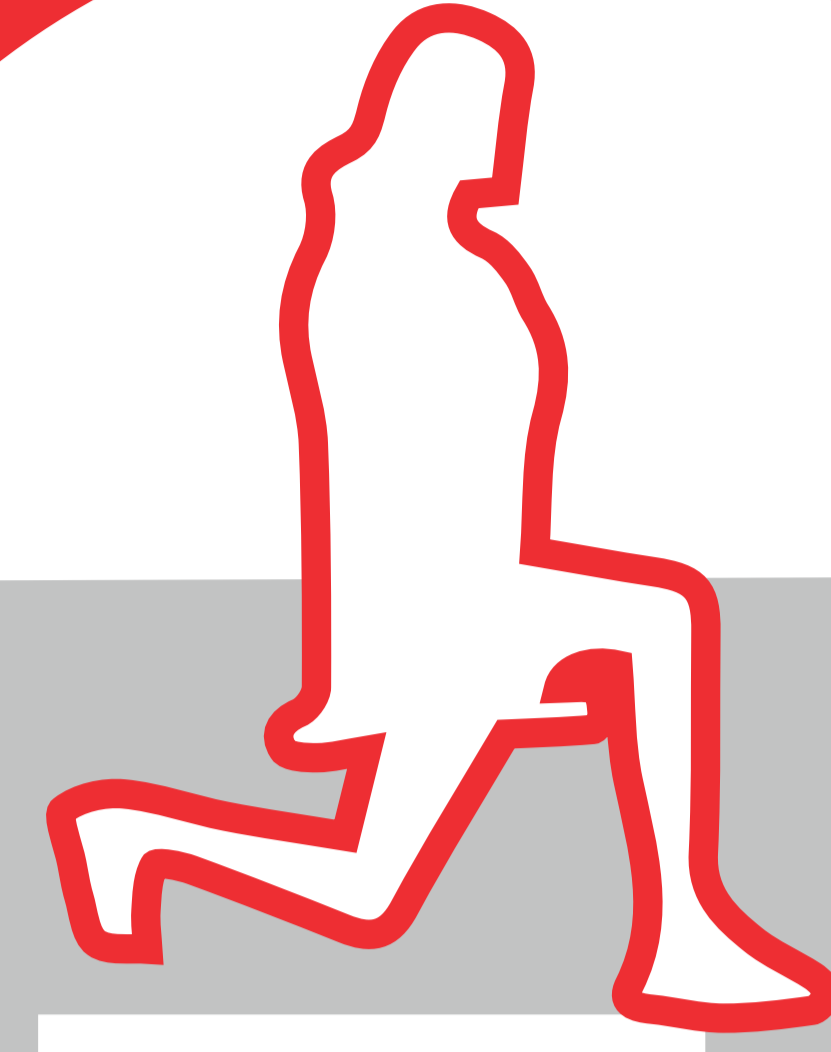
Develop leadership qualities

Improve your self-discipline, self-esteem & confidence

SUMMER TERM

Improve your fitness and academic performance

Perfect the SCA Warm Up



Identify your PE Passions



BIANNUAL TRIP TO BARCELONA FOR FOOTBALL AND EDUCATIONAL /CULTURAL TRIP

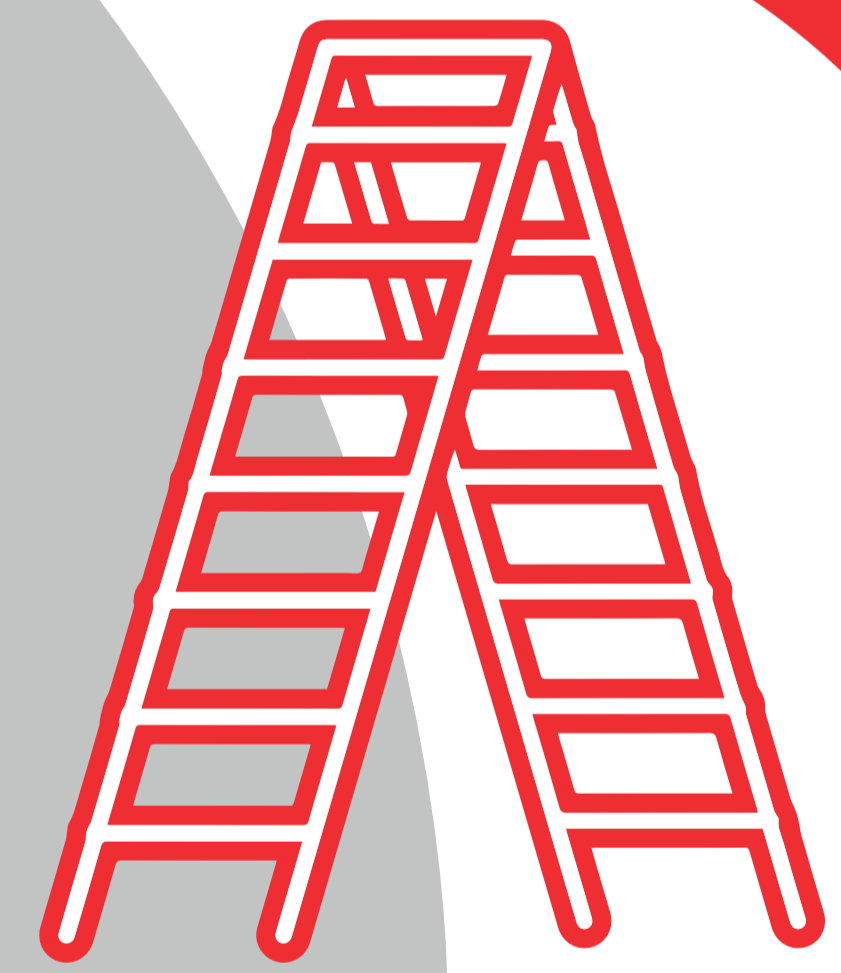
SPRING TERM

Start your PE Bucket List

Represent SCA at sports fixtures

Achieve high ATL grades

WEMBLEY (ENGLAND FOOTBALL) AND COPPER BOX/LBOR NETBALL SUPER LEAGUE TRIP TO INSPIRE STUDENTS



AUTUMN TERM

Bring your PE kit to every lesson

Sign up to one or more extracurricular clubs



Remember to bring your kit

Join clubs to boost your knowledge & ability

Always practice teamwork