



PSHCE / RE COURSE FOR YEAR 7 2023 - 24 OVERALL GENERAL PLAN

Block 1 Week beginning	Content Broadly Class / Teacher	Block 1 Week beginning	Content Broadly Class / Teacher
4.9.23	Stinky Bob		RE
11.9.23	Skin and spots		
18.9.23	Importance of sleep		
25.9.23	Puberty		
2.10.23	Periods		
9.10.23	FGM		
16.10.23	How we manage our anger		
Block 1			
6.11.23	RE		Stinky Bob
13.11.23			Skin and spots
20.11.23			Puberty
27.11.23			Periods
4.12.23			FGM
11.12.23			How we manage our anger
18.12.23			Importance of sleep
Block 2			
8.1.24	Keeping good friends		RE
15.1.24	Family relationships		
22.1.24	Falling in love		
29.1.24	Bullying or banter		
5.2..24	Cyber bullying		
Half term			
Block 2			
19.2.24	RE		Keeping good friends
26.2.24			Family relationships
4.3.24			Falling in love
11.3.24			Bullying or banter
18.3.24			Cyber bullying
25.3.24			Keeping safe and positive
Block 3			
15.4.24	Keeping safe and positive relationships		RE
22.4.24	Smoking		
29.4.24	Smoking / vaping		
6.5.24	Energy drinks		
13.5.24	LGBTQ		
20.5.24	Social media safe and private		
Block 3			
3.6.24	RE		Smoking
10.6.24			Smoking/vaping
17.6.24			Energy drinks
24.6.24			LGBTQ
1.7.24			Social media safe and private
8.7.24			What are wants and needs?
15.7.24			
22.7.24			

*All visitors need confirming

Possible Extras : Elections / Make your Mark (Youth Parliament),
The PSHCE department will respond and react to any school / community issues that arise and adapt lessons accordingly.
PSHCE/Year 7 overall plan2023-24