

HEALTH AND WELLBEING DROP IN SESSIONS

Come and chat to your local
School Nursing Team.
We can offer support and signpost
services to help you.



Mental Health

Sleep

Anxiety

Relationships

Support

Sexual Health

Smoking/Vaping

WHERE

Place: Meeting Room 2

Date: 1st Thursday of the month
(6th Feb, 6th Mar, 3rd Apr, 1st May, 5th Jun, 3rd Jul)

Time: 11:30am - 12pm

and

1:15pm - 1:45pm

