

NEW

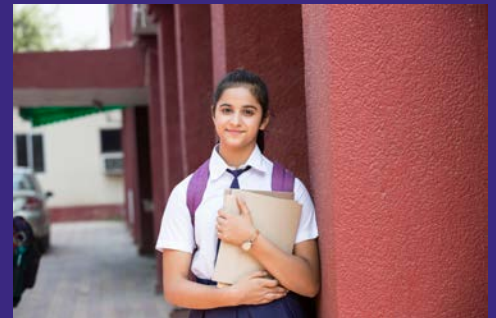
NHS

Nottinghamshire Healthcare
NHS Foundation Trust

AUTUMN 2025 | ISSUE 1

HEALTHY FAMILY TEAM NEWSLETTER

Working together to share information and signpost local services
and resources to support your students and families



Parentline

Text: 07520 619919

A text messaging service for
families with children and
young people aged 0-19 years
living in Nottinghamshire.

 **Making a
Difference**
Trust Honesty Respect Compassion Teamwork

Hello

We just wanted to say a big hello and remind you
about the services on offer locally to support your
students and families.

The Healthy Family Team is made up of a huge
range of practitioners, working together to support
the community. The team consists of: Health Visitors,
School Nurses, Practice Teachers, Public Health
Specialists, Continence Advisors, Youth Justice
Nurses, Health Promotion Team...

Supporting children, young people and families in
the community.

Communication



Do you have any questions or concerns about a young person's talking or communication? The Speech and Language Team are happy to help, please call their advice line.

**0300
123 3387
OPTION 1**

SEND

Do you need any support of information on Special Educational Needs? Nottshelpyourself.org.uk is the local offer for Nottinghamshire.

Visit: www.nottshelpyourself.org.uk

Call: 0300 500 80 80

SCAN ME



ADVICE LINE

**Call
0300 123 5436**

This is a 'single point of access' advice line for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support.

Digital Assemblies

**COMING
SOON**

A FREE resource offered to all Secondary Schools to support staff and students to access local support. The assemblies can be shown in class or used as a lesson. Each assembly comes with a useful handout to continue the message sharing for a later date.

FAB!

Year 7 Health Magazine

A FREE resource offered to all Secondary Schools to support Year 7 students to access information, resources and local support. The co-produced resources can be shown in class, uploaded to your portal or used as a lesson. The digital magazine has taken a year to produce due to the heavy involvement of Year 7 and year 8 students.



Health For Teens Website

A FREE website regularly updated to showcase local services, resources and information. An ideal platform for young people to delve into to their own health and wellbeing.

Visit: www.healthforteens.com



Drop In Sessions

An opportunity to host a short session at your school, where students can access the local School Nursing Team. The team can offer support and signpost local services to help your students.

**JOIN
US!**

Young Person Involvement Group

We are always looking to embed the voice of our young people in all our services. Our Young Person Involvement Group is for young people aged 14 - 18 years. The online session meets the first Tuesday of every month between 5pm and 6pm.

Share your feedback and real-life experiences of health services.

For more information and to register, please click the QR code or visit:
<https://nottinghamshirehealthcare.nhs.uk/iev-involvement-partner-opportunities>

SCAN ME



Year 9 Digital Health Questionnaires

A FREE resource offered to all Secondary Schools to support students to access local help and support. The quick and easy digital survey takes minutes to complete and provides a personalised care plan for every young person taking part. Each school will receive a summary of the student population taking part. This service is offered once a year. Contact Your Healthy Family Team to find out more!



DAVE JULIA



Was this resource useful? All feedback is appreciated.

Please contact The Health Promotion Team:

Call: 0115 8760136 Email: HealthPromotionTeam@nottshc.nhs.uk