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# PSHCE / RE COURSE FOR YEAR 9 2025-26 SOW

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| **Week beginning** | **Content Broadly**  **PSHCE/RE lessons**  **Dates are for guidance only, some topics may take longer so please feel free to go with what works for your group. Gaps in the plan allow for visitors/responding to contextual issues / extending work and assessments** | **Content Broadly**  **PSHCE/RE Lesson 1 / Tutor Time**  If work is finished early etc please continue with Sutton Reads or use the debate generator in the staff shared drive Tutor Curriculum folder (please ensure the topic selected is age appropriate.)  Other appropriate websites : Form Time Ideas & Free Rice  All dates are approximate and for guidance only, some topics may take longer so please feel free to go with what works for your group. (There is no expectation for everyone to start a new booklet / topic on the date indicated) |
| **NB: British Values should be referred to throughout all lessons** | | |
| 1.9.25 | 9.1 Choosing your GCSE options and getting ready for KS4 | HT4 & 5 Step Ahead careers booklet (several weeks of work) |
| 8.9.25 | Mental health: stigma and the language we use |  |
| 15.9.25 | Anxiety – how do we manage it successfully? |  |
| 22.9.25 | How can we stay happy and positive? |  |
| 29.9.25 | Good quality sleep – why it’s important and how to get it |  |
| 6.10.25 | How can we eat healthily on a budget? |  |
| 13.10.25 |  |  |
| **20.10.25 & 27.10.25 Half Term School closes Friday 17thth October, school opens Monday 3rd November** | | |
| 3.11.25 | 9.2 What is the economy and how does it affect us? | HT1 Alternative Religions:  Atheism |
| 10.11.25 | Being responsible for our personal finances | Illuminati |
| 17.11.25 | Financial exploitation and online scams | Humanism |
| 24.11.25 | Succeeding in a changing and futuristic labour market | Rastafarianism |
| 1.12.25 | Why is my appearance online important? | Scientology |
| 8.12.25 | 9.3 Why should we only use appropriate and legitimate health services? | Sunni V Shi’ite |
| 15.12.25 | What are communities and why do we need them? |  |
| 22.12.25 & 29.12.25 Christmas Holiday School closes Friday 19th October, school opens Monday 5th January | | |
| 5.1.26 | Anti-social behaviour – what is it and what are the consequences? | HT2 What are religious attitudes towards animals and animal rights? |
| 12.1.26 | How can I use prescription medicines and antibiotics safely? | What are the different religious and ethical opinions on abortion? |
| 19.1.26 | Why is volunteering important? | Christian and Islamic views on death and the afterlife |
| 26.1.26 | What risks are associated with gambling and chance games? | Capital punishment introduction: The death penalty today and arguments for and against. |
| 2.2.26 | 9.4 Relationships and media representation | What are the ethical and religious arguments for and against illegal and legal drugs? |
| 9.2.26 | Diversity and relationships (LGBT+ relationships) | Religion and euthanasia |
| Half Term School closes Friday 13th February, school opens Monday 23.2.26 | | |
| 23.2.26 | What are gender stereotypes and how can they be harmful? | Medical Ethics |
| 2.3.26 | How does gender equality benefit everyone in society? | Christmas, Paganism and Britain. The real story of the Festive Season. |
| 9.3.26 | Sexual harassment: attitudes, reporting it and the law |  |
| 16.3.26 | 9.5 How can pornography re-wire our brains in a negative way? |  |
| 23.3.26 | Separations, loss, grief and managing the digital literacy |  |
| **Easter School closes Friday 27th March, school opens Monday 13th April** | | |
| 13.4.26 | Successfully managing arguments and conflict | HT3 Are religion and science compatible? |
| 20.4.26 | Forced and arranged marriages | Who has religious objections to medical procedures and why? |
| 27.4.26 | Harassment and stalking | Why is stem cell research such a controversial issue? |
| 4.5.26 | Revenge porn | Who are “anti-vaxxers” and how is this movement a danger to public health? |
| 11.5.26 | Same sex relationships | What are religious attitudes to immigration and social cohesion? |
| 18.5.26 |  |  |
| **Half Term School closes Friday 22nd May, school opens Monday 1st June** | | |
| 1.6.26 | 9.6 Anti-social behaviour | HT4 Christian denominations - Catholicism |
| 8.6.26 | Crime, gangs and county lines | An introduction to Jehovah’s Witnesses |
| 15.6.26 | Fake news and critical thinking | An introduction to Mormonism |
| 22.6.26 | Overt and covert racism | Orthodox Christianity – what is this and what makes it different to other branches? |
| 29.6.26 | Why do people become extremists | Christian denominations - Protestantism |
| 6.7.26 | Hate crime |  |
| 13.7.26 | Homelessness |  |
| 20.7.26 |  |  |
| 27.7.27 Last day |  |  |
| School closes Monday 27th July | | |

\*All visitors need confirming

Possible Extras : Elections / Make your Mark (Youth Parliament), Road Safety (VIA) etc

The PSHCE department will respond and react to any school / community issues that arise and adapt lessons accordingly.

PSHCE/Year 9 overall plan 2025-26