SUTTON ACADEMY MENU WEEK ONE

Academy Transformation Trust

SUTTON COMMUNITY ACADEMY

Week Commencing: 2/11 - 23/11 - 14/11 - 4/1 - 25/1 - 22/2 - 15/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION ONE	**Beef Bolognaise** Served with pasta, garlic bread & sweetcorn salad	**Chicken Tikka** Served with veggie rice & naan bread	**Traditional Roast Gammon** With stuffing, roast potatoes, vegetables and gravy	**Moroccan Chicken Tagine** With cous cous	**Fish & Chips** Peas, beans or curry sauce
MAIN OPTION TWO	**Arrabiata Pasta** Served with pasta, garlic bread & sweetcorn salad	**Veggie Noodles**	**Loaded Yorkshire Pudding** With cauliflower cheese, roast potatoes & mixed vegetables	**Sweet Potato Falafel** With roast veg and cous cous	**Quorn Nuggets** Chips, beans or curry sauce
GRAB & GO	**Shawarma Wrap**	**Beef Chilli Nachos**	**Spicy Chicken Noodle Bowl**	**Big Breakfast Wrap**	**Southern Fried Chicken Strips** With chips
DESSERT	**Cinnamon Waffle**	**Pineapple Upside Down Cake**	**Sticky Toffee Pudding & Custard**	**Chocolate Sponge & Custard**	**Giant Fruit Oatys**
DAILY AVAILABLE ALL WEEK	A Selection of Pasta Pots, Hot Paninis, Pizza Slices, Jacket Potatoes and Toppings, Filled Sandwiches, Freshly Made Salads, Bacon Cobs, Fruit Pots, and an Array of Cold Desserts. **Please let us know if you have any special dietary requirements**				

(V) VEGETARIAN **(VE)** VEGAN **(GF)** GLUTEN-FREE **(DF)** DIARY-FREE LOW CARBON FOOTPRINT

Allergen information may be obtained verbally by contacting the Catering Manager

SUTTON ACADEMY MENU WEEK TWO

Academy Transformation Trust

SUTTON COMMUNITY ACADEMY

Week Commencing: 9/11 - 30/11 - 11/1 - 25/1 - 22/2 - 1/3 - 22/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION ONE	**Sausage & Mash** Creamy mash, cabbage & red onion gravy	**Burgers** With side salad and potato wedges	**Roast Pork** With roast potatoes, vegetables and gravy	**Mild Chicken Balti** Served with steamed rice & naan bread	**Fish & Chips** Peas, beans or curry sauce
MAIN OPTION TWO	**Veggie Sausage & Mash** Creamy mash, spring cabbage & red onion gravy	**Mac & Cheese** With garlic bread & sweetcorn	**Quorn Roast** With stuffing, roast potatoes, vegetables and gravy	**Sticky BBQ Beans** Mixed beans in a pitta bread with salad & slaw	**Halloumi Wrap** With chips; peas, beans or curry sauce
GRAB & GO	**Chinese Spring Roll** With veggie rice	**Vegan Sausage Roll**	**Halloumi Wrap**	**Moroccan Veggie Nachos**	**Crispy Chicken Strips** With chips
DESSERT	**Pancakes topped with fruit**	**Blueberry Muffins**	**Iced Sponge & Custard**	**Chocolate Brownies**	**Cookies**

DAILY AVAILABLE ALL WEEK

A Selection of Pasta Pots, Hot Paninis, Pizza Slices, Jacket Potatoes and Toppings, Filled Sandwiches, Freshly Made Salads, Bacon Cobs, Fruit Pots, and an Array of Cold Desserts.

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SUTTON ACADEMY MENU WEEK THREE

Academy Transformation Trust

SUTTON COMMUNITY ACADEMY

Week Commencing: 16/11 - 7/12 - 18/1 - 8/2 - 8/3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN OPTION ONE	**Swedish Meatballs** In tomato sauce with pasta and coleslaw	**Cottage Pie** With vegetables & gravy	**Roast Herby Chicken** With stuffing, roast potatoes, vegetables and gravy	**Mexican Chilli Beef Burritos** Served with nachos, salsa & cheese	**Southern Fried Chicken** Chips; peas, beans or curry sauce
MAIN OPTION TWO	**Cheese & Bean Wrap** With wedges and coleslaw	**Vegetarian Cottage Pie** With vegetables and gravy	**Vegetable Kiev** With roast potatoes, vegetables and gravy	**Vegetarian Curry** With veggie rice & naan	**Vegan Sausage Roll** Chips; peas, beans or curry sauce
GRAB & GO	**Chicken Piri Piri Wrap**	**Lamb Shish Kebab**	**Vegan Spicy Bean Burrito**	**Sticky Chicken Noodle Bowl**	**Mega Fish Finger Butty**
DESSERT	**Fruity Flapjack**	**Gingerbread Pudding with spiced cream**	**Oaty Apple Berry Crumble**	**Warm Berry Pudding**	**Cookie**

DAILY AVAILABLE ALL WEEK

A Selection of Pasta Pots, Hot Paninis, Pizza Slices, Jacket Potatoes and Toppings, Filled Sandwiches, Freshly Made Salads, Bacon Cobs, Fruit Pots, and an Array of Cold Desserts.

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